



MODANVILLE PUBLIC SCHOOL

Thursday 4th August, 2016

Newsletter No. 12

Website: <http://www.modanville-p.schools.nsw.edu.au>

P&C Meeting

Wednesday

7th September

6:30pm

Week 3 & 8 each term

Upcoming events

- Athletics Field Events, Dunoon, Mon 8th Aug
- Athletics Carnival Riverview Park, Fri 12th Aug
- RRHS Year Advisor visit, Mon. 15th Aug
- MPS Public Speaking, Thurs. 18th Aug
- Zone Athletics Carnival, Friday 19th Aug

Dear Parents,

What a fantastic day we had last Friday for our school Athletics Carnival. The weather was beautiful, our amazing, supportive parents were out in force, and the students participated to their very best, earning points for their Houses.

Qualifying students will now proceed to the Dunoon District PSSA Athletics Field Events being held on Monday 8th August at Dunoon P.S. - students who have qualified will have been given a note for parents to sign and return to the school. A bus has been booked and the cost is \$2 if you would like your child to go on the bus. The winning House was Lorikeets with 291 points, Kookaburras were second on 269 and Magpies 3rd with 207.



Changes to after school travel arrangements:

Please ensure you write a note or contact the school when you need to make changes to your child's afternoon travel arrangements. This is vital to ensure your child's safety and to avoid confusion. The school should not be expected to initiate phone contact to clarify or confirm verbal messages given by the child.

Another example is when students travel directly to Balzer Park for soccer training. When training is cancelled due to wet weather, parents must contact the school to confirm what their child is to do, otherwise we will follow the 'normal' routine and tell the child to go to Balzer Park.

We are also seeing an increase in students requesting us to clarify social arrangements that they had talked about with friends/family, and for which we have not had a note or phone call from parents to confirm. The school cannot be expected to follow up these social arrangements and we appreciate parents support when we tell students that we will not be following these up.

Thank you:

A big thanks to Darren and Rose Smith for organising, delivering and spreading a load of cow manure for our round garden. It will be ready for planting when spring arrives and we can look forward to another great harvest.

State Cross Country: Lexi and Tameka recently returned from the NSW State Cross Country Championships in Sydney. Tameka finished in 40th place and Lexi came 52nd. With over 90 runners in their race, this is a great result of which the girls can be very proud. I know all of Modanville are very proud of their efforts. Congratulations girls.

Year 7 Transition to Richmond River HS: The Year 7 Year Adviser for our students going to RRHS next year will be visiting Modanville at 11:15am on Monday 15th August. This is a great chance for our students to ask questions about high school.

School Playground Equipment: Our school playground equipment is currently closed due to insufficient soft fall. This occurred as a result of a significant rainfall event last term. We are currently waiting for a decision by the Department as to whether our insurance will cover the cost. Replacement cost is around \$3500.00.

T.O.M and P.A.F.: Our students are currently flat out preparing for TOM and PAF. A huge thank you to Ryan, Liz and Geraldine for their efforts in guiding our students towards their performances. Our evening PAF performance is Tuesday 23rd August and our matinee performance is Thursday 25th August. Tickets go on sale Monday for PAF for parents wanting to attend.

Have a great fortnight,

Barry

Author visit from Byron Bay Writers Festival

A couple of weeks ago a writer, Tristan Bancks, came to the 5/6 class room to tell us a bit about his books. He showed us how we could improve our writing. We wrote a story of our own which he helped us make better. All of the kids understand the writing task better now and are more confident doing writing in class.

By Lexi



Visiting Mobile Library

The mobile library comes to the school on a regular basis and community members are welcome to make use of this service.

The van is here between 2 - 3:30pm on the following dates:

August 9, 23	September 6, 20
October 4, 18	November 1, 15, 29 Dec. 13

ASSEMBLIES: Term 3 is a very busy term, and so we have decided to not schedule class assemblies this term. We will try and arrange some assemblies during the term focusing on our Performing Arts, Public Speaking and Tournament of Minds abilities.

KINDER TRANSITION SESSIONS: We have locked in some dates for the Kinder Transition (use to be called Orientation) sessions. There will be three: the first is on Wednesday Oct. 26th, then 2nd and 9th November for those students definitely enrolling at our school in 2017. If you know of any families looking to enrol their Kindergarten child at our school, can you please let them know these dates? Thank you.



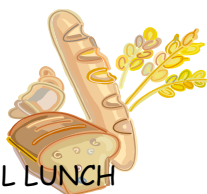
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CANTEEN NEWS

Lunches only available of Monday and Friday
Please do not send food to be heated up except on
Mondays and Fridays
If you cannot make it for your rostered day, please let
the school know so we can try and arrange a
replacement.

CANTEEN ROSTER:

5/8, H. Foster
8/8, **need a volunteer**
9/8, R. Smith
10/8, N. Goulding - SPECIAL LUNCH
11/8, L. Vickers
12/8, NO CANTEEN - Athletics Carnival
15/8, L. Vickers
16/8, A. Sattler
18/8, L. Vickers
19/8, S. McInerney
22/8, S. Gibbs, M. Ianna
23/8, R. Smith
25/8, A. Sattler
26/8, D. Miller



COOKING ROSTER:

5/8, H. Foster
8/8, **need donation**
9/8, T. Cook
10/8, R. Smith
11/8, L. Vickers
12/8, NO CANTEEN - Athletics
15/8, A. Kenney
16/8, S. Friske
18/8, L. Eggersdorff
19/8, S. McInerney
22/8, E. Robinson
23/8, H. Foster
25/8, A. Sattler
26/8, L. McInerney

CELEBRATING OUR STUDENTS

Work of the Week

Student of the Week - Week 1

Lyrice, fantastic progress in reading
Chelsea D, having a positive attitude in class
Zayden, fitting in perfectly at his new school
Ben, showing an improvement in his confidence.

YOU CAN DO IT AWARDS

Week 1	Week
Getting Along: Isabella Confidence: Tayah	

Live Life Well @ School

www.healthykids.nsw.gov.au

Sleep is Essential

"Sleep is essential for a healthy life, and it is important to promote healthy sleep habits in early childhood," says Dr. Paruthi, of the American Academy of Sleep Medicine. "It is especially important as children reach adolescence to continue to ensure that teens are able to get sufficient sleep."

How much do you need?

- Children 3 and 5 years old - 10 to 13 hours.
- 6 to 12 years old - 9 to 12 hours
- Teenagers to 18 need 8 to 10 hours
- Adults, - 7 to 9 hours of sleep each day

Getting the right amount of shut-eye is critical to kids' developing brains and bodies. The consensus from the panel was that if children clock in enough hours of sleep on a regular basis, it will lead to a host of improvements, plus better overall mental and physical health.

On the flipside, the researchers found that sleeping fewer than the recommended hours directly affected a child's behavior and increased their risk of a number of potentially harmful and life-long health problems.

Putting aside enough sleep for a child is one of the best ways parents can lay a foundation of healthy habits that children can take with them into adulthood. With more than one third of the adult population sleep deprived, sleep becomes paramount for children to avoid the consequences that come with a lifetime of sleep problems.

Community News

Interrelate Courses: ph: 6623 2750

1. **Circle of Security Parenting:** Parents of young children (0-7 years) are invited to join a free six-week program that will help to increase your awareness of children's needs and develop an understanding of how our responses can meet those needs. 23rd August to 27th September
2. **Parenting by Connection:** free six-week program to give parents tools to strengthen their relationships with their children. 12th August to 16th September
3. **Parents not Partners:** six-week program, cost involved, giving knowledge, tips and strategies to be the parent you most want to be. 10th August to 14th September

AIA Vitality MiniRoos for Girls program - for more information please visit
<http://northernswfootball.com.au/miniroosforgirls/>

Parents are reminded that the school does not endorse any items included in Community News - it is for you to check suitability.

Testing the chemical and physical reaction of acid rain (vinegar)



Designing with lego



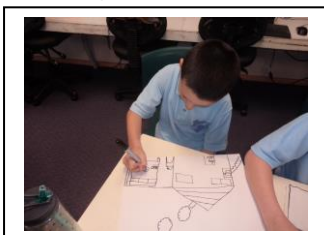
Year 3/4 Science



Making circuits



Drawing a design



Leaf art

